

2019 Community Health Needs Assessment

SUMMARY

The Loretto Hospital

*Approved and adopted by the
Loretto Hospital Foundation Board of Directors
June 28, 2019*

About The Loretto Hospital

In the fall of 2018, The Loretto Hospital embarked on a comprehensive Community Health Needs Assessment (CHNA) process to identify and address the key health issues for our community.

Founded in 1939 by a group of community doctors who wanted to create a patient-centered hospital that would serve the community regardless of a patient's ability to pay, Loretto has provided comprehensive medical care and social support services to the Austin Community for nearly 80 years.

Austin represents one of Chicago's most chronically underserved populations. Ninety percent of the population of the 117,527 residents is African American and more than two-thirds of the population is two times below the poverty level. Additionally, the Chicago Department of Public Health – Chicago Health and Health Systems Project (April 2006) indicates that the other risk factors affecting the community include no access to healthcare, smoking, obesity due to poor nutrition and lack of exercise, and poor education. Over 70% of our patients are on Medicaid and reflect the overall demographic and socioeconomic characteristics of the community.

Each year The Loretto Hospital receives over 30,000 patient visits and on average has about 5,000 inpatient admissions. The major focus of the hospital has been on inpatient and emergency care. The emergency department has been the front door to the community for both emergent and non-emergent care because residents do not focus on prevention and are forced into ER utilization for their episode of illness. The emergency department not only provides enhanced emergency services but also serves as the gateway for our patients to obtain primary care services through the hospital's ambulatory care clinic. Additionally, it's an opportunity for Loretto to start engaging patients into a more preventive healthcare lifestyle through our ancillary and specialty clinic services. For over 45 years, The Loretto Hospital has also provided a broad range of inpatient and outpatient mental illness, and substance use disorder treatment and supportive recovery services through The Addiction Center.

The Addiction Center is a comprehensive Alcohol and Substance Use Disorder facility providing a full continuum of care, using Level of Care placement criteria authorized by the American Society of Addiction Medicine (ASAM). The Center currently has twenty-eight (28) Medical Stabilization beds and sixteen (16) beds for our residential population. Additionally, it is in the process of adding thirteen (13) beds for medical detoxification. The center is operational twenty-four (24) hours, seven (7) days a week, with appropriate coverage by the Medical Director. The facility also provides outpatient services including intensive outpatient (IOP) and DUI services. The center is licensed by the Department of Human Services, Division of Substance Use Prevention and Recovery (SUPR). The following primary treatment services are available to all center patients:

- Comprehensive Case Management
- Medical/Medication Monitoring
- Individual Counseling
- Group Counseling
- Peer Support

- Psychiatric Evaluation and/or Medication Management
- Educational Seminars
- Introduction to and Participation 12-Step Support Group
- Comprehensive Family Education
- Recreational Re-socialization Activities
- Nutritional Assessments
- Stress Management Training

The Loretto Hospital Addiction Center's mission to provide accessible, relevant and comprehensive substance use disorder services to the residents of our communities, in an atmosphere that promotes dignity, self-empowerment and holistic human and community health, and to serve as a model, educator and leader to our community in its battle against substance misuse.

It is our vision to create a substance use disorder treatment network that provides each of our patients with access to specific substance use disorder, psychiatric, medical, and social services as well as other resources that he or she requires to achieve and maintain a healthy lifestyle.

The Addiction Center's seeks to provide the highest quality of care in the treatment of the chemically dependent patient within the least restrictive setting. Every patient is treated in an atmosphere that instills dignity, self-esteem and the emergence of hope. The Addiction Center provides a full continuum of substance use disorder services, which serves as the basis for each patient's symptom-specific plan of care. Its organizational structure is based upon a system of quality, accountability and efficient provision of service delivered to every patient.

Our overall goal at The Loretto Hospital is to increase the life expectancy of those in the community by 20 years by consistently providing excellent patient care and preventive health education in a safe holistic environment by: improving quality and patient satisfaction; increasing access to care, physician alignment; and, meeting the medical needs of the communities we serve.

[IRS Form 990, Schedule H, Part V, Section B, 4, 2014]

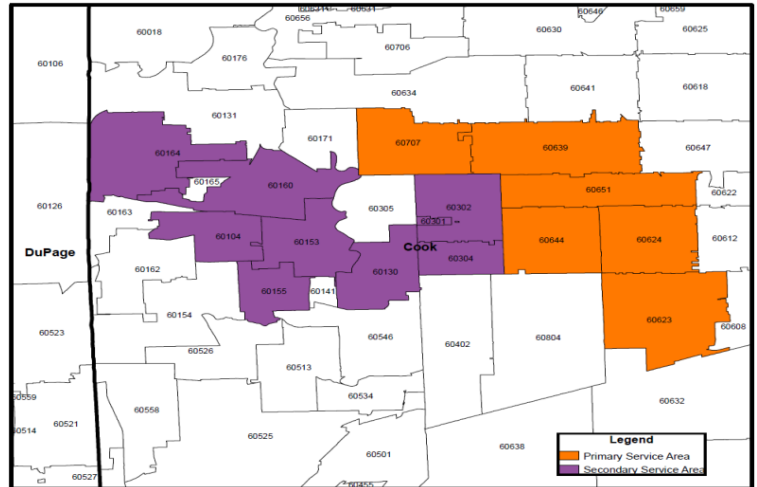
The Loretto Hospital completed its last Community Health Needs Assessment in 2015.

Community Served

Definition of the Community Served

[IRS Form 990, Schedule H, Part V, Section B, 3a, 2014]

Loretto Hospital’s community, as defined for the purposes of the Community Health Needs Assessment, included each of the residential ZIP Codes that comprise the hospital’s Primary Service Area (PSA), including: 60707, 60639, 60651, 60644, 60624 and 60623 and Secondary Service Area (SSA), including: 60164, 60160, 60104, 60153, 60155, 60130, 60304, 60302. A geographic description is illustrated in the following map.



This community definition was determined because greater than 80% of Loretto Hospital’s patients originate from this area.

Demographics of the Community

[IRS Form 990, Schedule H, Part V, Section B, 3b 2014]

The Loretto Hospital’s geographic catchment area is Austin and the immediate surrounding communities’ areas of West Garfield Park and North Lawndale, and consist of zip codes: 60644, 60651, 60639, 60624, and 60707. The Austin community is the largest community area in the city of Chicago by land area; and, the second largest by population. According to the 2016 American Community Survey, the total population for the Austin community is 97,611. Twenty- four (24.1%) of the community is living below the poverty level and represents a portion of the 52.3% of the” medically needy” in Chicago, which are located on the west side. This demographic profile mirrors the patient population served at The Loretto Hospital. The general demographics of the Austin area are:

Indicator	Austin	West Garfield Pk.	North Lawndale
Total Population	97,611	17,499	35,423
Sex			
Female	54%	53.3%	54.6%
Male	46%	46.7%	45.4%
Race-Ethnicity			
African American	81.6%	95.5%	87.8%
Hispanic or Latino	12.6%	2.1%	8.2%
Caucasian	4.5%	1.6%	2.2%
Other	1.3%	0.8%	1.7%
Language			
English	87.4%	97.7%	91.4%
Spanish	10.9%	1.8%	7.4%
Other	1.7%	0.5%	1.2%
Age			
Median Age	34.8	28.8	29.6

Socio Economic Factors of the Community

Indicator	Austin	West Garfield Pk.	North Lawndale
Income			
Median HH Income	\$31,920	\$22,698	\$24,003
Household poverty	28.6%	43.6%	43.1%
Child Poverty	43.5%	62.6%	63.2%
Food Access	22%	3.2%	16.2%
Food Stamps/SNAP	35.5%	53.7%	53.3%
Education			
College Graduation or more	12.4%	4%	10.9%
No high school graduation	22.9%	27.6%	26.4%
Family & Social Support			
Single parent households	20%	26.6%	29%
Family Size			
Avg. Family Size	3.77	3.93	3.81
Employment			
Unemployment	19.5%	17.8%	23.4%

Resources Available to Address the Significant Health Needs

[IRS Form 990, Schedule H, Part V, Section B, 3c 2014]

The following represent potential measures and resources (such as programs, organizations, and facilities in the community) available to address the significant health needs identified in this report. This list is not exhaustive, but rather outlines those resources identified in the course of conducting this Community Health Needs Assessment.

Access to Healthcare Services

- Access Community Health Network
- ADAPT
- Brighton Park Neighborhood Council
- Centro de Salud Esperanza
- Chicago Commons/Nia Family Center
- Churches
- CRC Health and Wellness
- Erie Family Health Center
- Esperanza Health Centers
- Fantus
- Genesis
- Healthcare Alternative System
- Heartland Health Center
- Illinois Coalition of Free and Charitable

Clinics

- Jorge Prieto Clinic, Cook County Health System
- La Casa Norte
- Logan Square Neighborhood Association
- Loretta Hospital
- Mile Square Health Center
- Near North Health Service Corporation
- PCC Wellness
- Saint Anthony Hospital Community Wellness Program
- Streamwood Clinic
- TASC
- Vista Health Center of Cook County
- West Humboldt Park Development

- Council
- West Suburban Hospital
- Westside Health Authority

Arthritis, Osteoporosis & Chronic Back Conditions

- Primary Care Providers
- Cancer
- Academic Medical Centers
- Access Community Health
- Affordable Care Act
- AIDS Foundation
- Alexian Brothers
- American Cancer Society
- Erie Family Health
- Esperanza Health Center
- Health Department
- Home Health
- Hospice Care
- Hospitals
- Internet Support
- John H. Stroger Hospital
- Largest Medical Districts in the World
- North FQHCs
- Northwest Community Healthcare
- OB/GYN
- Outpatient Infusion Clinics
- Palliative Care
- PCC Community Wellness Center
- Skin Care
- Volunteer Health Associations

Chronic Kidney Disease

- Affordable Care Act
- American Kidney Foundation
- Individual Dialysis Clinic
- Local Health Departments
- Major Academic Medical Centers
- National Kidney Fund of Illinois

Dementias, Including Alzheimer's Disease

- Alexian Brothers Senior Assisted Living
- Alzheimer's Center
- Catholic Charities
- Cook County Health Systems
- Department of Aging
- Emergency Room
- Friendship Village
- Geriatric Care
- Group Homes
- Home Health
- Hospital
- Local Care Giving Agency
- Nursing Homes
- Primary Care Providers
- Respite
- Skilled Nursing Facilities
- Social Services
- The Greater Illinois Chapter of Alzheimer's Association
- West Suburban Hospital

Diabetes

- Access Community Health Network
- Affordable Care Act Extending Coverage
- Alexian Brothers Hospital
- American Cancer Society
- Arlington Senior Center
- Aunt Martha's
- Chicago Food Depository
- Chicago Park District
- CLOCC
- CRC Health and Wellness
- CVS Minute Clinics
- Diabetes Care Services
- Diabetes Educators
- Doctor's Office
- Esperanza Health Center
- FQHCs
- Growing Movement in Community Gardening
- Gyms

- Home Care
- Local Health Department
- Major Academic Medical Centers
- Mercy Hospital
- Miles Square Health Center
- Mount Sinai Hospital
- NCH Community Health Workers
- NCH Community Nursing
- NCH Diabetes Services and Education
- NCH Emerald Circle Program
- NCH Promotores de Salud Program
- NCH Wellness Center
- Northwestern Memorial Hospital
- Norwegian American Hospital
- Pilot Produce Stands
- Programs through Cook County
- Primary Care Providers
- Rush University Medical Center
- Saint Anthony Hospital
- Vista
- Walgreens
- Wound Clinics

Family Planning

- Affirming Sex Education Providers
- Alivio Medical Center
- CDPH
- CRC
- DHS Office
- Doctor's Office
- FQHCs
- Midwest Access Project
- Monticello Medical Clinic
- Near North Health Service
- New Moms
- PHD
- Planned Parenthood
- Primary Care Providers
- Vista
- Westside Health Authority
- WIC

Hearing & Vision

- Illinois College of Optometry

Heart Disease & Stroke

- American Heart Association
- Area FQHCs
- CLOCC
- Community Health Screenings
- Competent Cardiologists
- Exercise and Rehab Facilities
- Healthy Chicago Healthy Hearts Campaign
- Heart Failure Programs to Prevent Remission
- Keep Your Heart Healthy
- Local Health Departments
- Major Academic Medical Centers
- Nutrition Education Programs
- Parks and Other Facilities for Exercise
- Physicians
- STEMI and Stroke Centers
- Trained EMS

HIV/AIDS

- AFC
- Affordable Care Act
- Behavioral Health and Substance Abuse Programs
- Behive/HIVco
- CDPH HIV Bureau
- Health Department
- Healthcare Alternative Systems
- Heartland Alliance
- Howard Brown
- Norwegian American Hospital
- Ruth M. Rothstein CORE Center
- Sinai Health System
- The AIDS Foundation of Chicago
- Vida/SIDA, Puerto Rican Cultural Center

Immunization & Infectious Diseases

- Access Community Health Network
- Chicago Monticello Medical Center
- Erie Family Health Center
- Mile Square Health Center
- Near North Health
- Norwegian American Hospital
- Sinai Health System

Infant & Child Health

- Access Community Health Network
- Affordable Care Act Extending Coverage
- CDPH MCH Program
- CDPH/CPS Teen Pregnancy Prevention Program
- CRC
- EverThrive Illinois
- Federally Qualified Health Centers
- Growing Network of Community Health Workers
- Healthcare Alternative Systems
- Mile Square Health Center
- New Moms
- Norwegian American Hospital
- Planned Parenthood
- Sinai Children's Hospital
- Vista
- WIC

Mental Health

- A Safe Haven Foundation
- Access Community Health Network
- Adolescent and Adult Mental Health Facility
- Alexian Brothers Behavioral Health Hospital
- Alexian Center for Mental Health
- Association House of Chicago
- Behavior Health Programs at FQHCs
- Chicago for Homeless
- Church
- Community Counseling Centers of

- Chicago-C4
- CRC
- Detox/Rehab Facilities
- Eckert Center
- Erin Family Health Center
- Gateway Foundation
- Haymarket
- Healthcare Alternative Services
- Heartland Alliance
- Heartland International Health Center
- Hospitals
- Howard Brown Health Center
- HRDI
- Illinois Children's Healthcare Foundation
- Inpatient Adolescent Psychiatric Unit
- Inpatient Adult Psychiatric Unit
- Jail
- Jocelyn Center
- Kenneth Young Center
- Law Enforcement
- Linden Oaks
- Low-cost Counseling Programs
- Lutheran Social Services
- Mental Health of America – Illinois
- Metropolitan Family Health
- Mt. Sinai
- NCH's Mental Health Navigator Program
- Northwest Community Hospital
- Omni Youth Services
- PHD
- Pilsen Wellness Center
- Psychologists & Psychiatrists Practice Through Region
- Saint Anthony Hospital's Community Wellness Programs
- Salvation Army
- Sass Mental Health
- The Bridge
- The Circle
- Thresholds

- Turning Point

Nutrition, Physical Activity & Weight

- Access for Divvy Bikes
- Access to Parks
- Active Transportation Alliance
- Affordable and Healthy Restaurants
- Alexian Brothers Medical Center
- American Heart Association
- Arlington Senior Services
- Beaches and Playgrounds
- Chicago Park District
- Consortium to Lower Obesity in Chicago Children (CLOCC)
- CRC Health Programs
- Exercise Facilities
- Forest Preserve
- Hospitals and Clinics
- Illinois AAP
- Illinois Alliance to Prevent Obesity
- Kells Park
- Let's Move Campaign
- Local Health Provider Organizations
- Logan Square Neighborhood Association
- NCH Community Health Workers
- Nutrition Education Providers
- Nutritional Information in Restaurants
- Parks
- Pilot Produce Market Projects
- Programs at FQHCs
- Schools
- Telpochcalli Community Education Project
- The Chicago Park District and Cook County Forest Preserve
- Weight Watchers
- Wellness Center
- West Humboldt Park Development Council
- Workplace Wellness
- YMCA

Oral Health

- Access Community Health Network
- Affordable Care Act
- Aunt Martha's Health Center
- College of Dentistry, University of Illinois at Chicago
- Erie Family Health Center
- IFLOSS
- Local Dental Societies
- NCH Mobile Dental Clinic
- PCC Community Wellness Center

Respiratory Diseases

- Access Community Health Center
- Affordable Care Act
- American Lung Association
- Chicago Stop Smoking Program
- Durable Medical Equipment Companies
- Erie Family Health Center
- Health Departments
- Northwest Community Hospital
- Norwegian American Hospital
- Primary Care Physicians
- Respiratory Health Association
- Sinai Health System/Mount Sinai Hospital
- Trained EMS

Sexually Transmitted Diseases

- Alcoholics Anonymous
- Chicago Monticello Medical Center
- Core Center
- Doctors and Mental Health Professionals
- Federally Qualified Health Centers
- Free Condoms
- Health Department
- Howard Brown Health Center
- Near North

Substance Abuse

- 901 Kirchoff Outpatient Substance Abuse Program

- Alcoholics Anonymous
- Alexian Brothers
- Behavioral Health Services/LSSI
- Chicago Recovery Alliance
- Community Outreach Intervention Projects
- Forthcoming Adult Addictions Residential
- Haymarket
- Healthcare Alternative Systems
- Illinois DASA
- Lutheran Social Services
- Omni Youth Treatment Center
- Reach for Recovery Programs
- Rosecrance

- Share
- Substance Abuse Programs at FQHCs
- Teen Challenge
- The Bridge Substance Abuse Services

Tobacco Use

- Affordable Care Act
- American Lung Association
- Chicago Stop Smoking Program
- Local Health Departments
- Private Doctors
- Quitline
- Respiratory Health Association

Collaboration

[IRS Form 990, Schedule H, Part V, Section B, 6a, 2014]

[IRS Form 990, Schedule H, Part V, Section B, 6b, 2014]

The 2019 Community Health Needs Assessment was facilitated by the Alliance for Health Equity on behalf of participating member hospitals and health systems. These hospitals and health systems include:

Nonprofit Hospital Members	
Advocate Aurora Children's Hospital	Loyola Medicine- Gottlieb Memorial Hospital
Advocate Aurora Christ Medical Center	Loyola Medicine- Loyola University Medical Center
Advocate Aurora Illinois Masonic Medical Center	Loyola Medicine- MacNeal Hospital
Advocate Aurora Lutheran General Hospital	Mercy Hospital & Medical Center
Advocate Aurora South Suburban Hospital	Northwestern Memorial Hospital
Advocate Aurora Trinity Hospital	Norwegian American Hospital
AMITA Adventist Medical Center La Grange	Palos Community Hospital
AMITA Alexian Brothers Medical Center, Elk Grove Village	Roseland Community Hospital
AMITA Holy Family Medical Center	Rush Oak Park
AMITA Resurrection Medical Center	Rush University Medical Center
AMITA St. Alexius Medical Center and Alexian Brothers Behavioral Health Hospital	Sinai Health System- Holy Cross Hospital
AMITA Saint Francis Hospital	Sinai Health System- Mount Sinai Hospital
AMITA Saint Joseph Hospital	Sinai Health System- Schwab Rehabilitation Hospital
AMITA Saints Mary and Elizabeth Medical Center	South Shore Hospital
Ann & Robert H. Lurie Children's Hospital of Chicago	Swedish Covenant Hospital
Jackson Park Hospital	University of Chicago Medicine
The Loretto Hospital	University of Chicago Medicine-Ingalls Memorial Hospital
Public Hospital Partners	
Cook County Health- Stroger Hospital	Cook County Health- Provident Hospital
University of Illinois Hospital & Health Sciences System	

Public Health Department Partners ¹	
Chicago Department of Public Health	Evanston Health and Human Services Department
Cook County Department of Public Health	Village of Skokie, Health Department

The link to the full collaborative CHNA can be found here: allhealthequity.org/2019-chna-reports/

Health Needs of the Community

Significant Health Needs of the Community

[IRS Form 990, Schedule H, Part V, Section B, 3e, 2014]

The following “areas of opportunity” represent the significant health needs of the community, based on the information gathered through the 2019 Community Health Needs Assessment for The Loretto Hospital. From these data, opportunities for health improvement exist in the area with regard to the following health issues:

Areas of Opportunity Identified Through the Community Health Needs Assessment	
Access to Healthcare Services	<ul style="list-style-type: none"> • Barriers to Access • Specific Source of Ongoing Medical Care • Routine Medical Care (Adults) • Emergency Room Utilization • Attendance at Health Promotion Events
Cancer	<ul style="list-style-type: none"> • Cancer Deaths <ul style="list-style-type: none"> ◦ Including Prostate Cancer, Female Breast Cancer, Colorectal Cancer Deaths • Cancer Incidence <ul style="list-style-type: none"> ◦ Including Prostate Cancer, Cervical Cancer, Colorectal Cancer Incidence • Skin Cancer Prevalence • Prostate Cancer Screening • Colorectal Cancer Screening
Chronic Kidney Disease	<ul style="list-style-type: none"> • Kidney Disease Deaths
Diabetes	<ul style="list-style-type: none"> • Prevalence of Borderline/Pre-Diabetes • <i>Diabetes ranked as a top concern in the Online Key Informant Survey.</i>
Heart Disease & Stroke	<ul style="list-style-type: none"> • Heart Disease Deaths
HIV/AIDS	<ul style="list-style-type: none"> • HIV Prevalence
Immunization & Infectious Diseases	<ul style="list-style-type: none"> • Pneumonia/Influenza Deaths • Flu Vaccination [65+] • Pneumonia Vaccination [65+] • Hepatitis B Vaccination
Infant Health & Family Planning	<ul style="list-style-type: none"> • Low-Weight Births • Infant Mortality • Unwed Mothers
Injury & Violence	<ul style="list-style-type: none"> • Firearm-Related Deaths • Homicide Deaths • Violent Crime Rate • Violent Crime Experience • <i>Injury & Violence ranked as a top concern in the Online Key Informant Survey.</i>
Mental Health	<ul style="list-style-type: none"> • “Fair/Poor” Mental Health • Suicide Deaths • <i>Mental Health ranked as a top concern in the Online Key Informant Survey.</i>

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Areas of Opportunity (continued)	
Nutrition, Physical Activity & Weight	<ul style="list-style-type: none"> • Fruit/Vegetable Consumption • Overweight & Obesity [Adults] • Medical Advice on Weight • <i>Nutrition & Weight ranked as a top concern in the Online Key Informant Survey.</i> • Meeting Physical Activity Guidelines <ul style="list-style-type: none"> ◦ Vigorous Physical Activity • Children's Physical Activity • <i>Physical Activity ranked as a top concern in the Online Key Informant Survey.</i>
Potentially Disabling Conditions	<ul style="list-style-type: none"> • Arthritis Prevalence (50+)
Respiratory Diseases	<ul style="list-style-type: none"> • Asthma Prevalence [Adults] • Asthma Prevalence [Children]
Sexually Transmitted Diseases	<ul style="list-style-type: none"> • Gonorrhea Incidence • Chlamydia Incidence
Substance Abuse	<ul style="list-style-type: none"> • Overall Alcohol Use • Excessive Drinking • Drinking & Driving • <i>Substance Abuse ranked as a top concern in the Online Key Informant Survey.</i>
Tobacco Use	<ul style="list-style-type: none"> • Environmental Tobacco Smoke Exposure at Home <ul style="list-style-type: none"> ◦ Including Among Households With Children

Identifying Health Needs

[IRS Form 990, Schedule H, Part V, Section B, 3g, 2014]

Identification of Health Needs

The significant health needs (“Areas of Opportunity” outlined above) were determined after consideration of various criteria, including: standing in comparison with benchmark data; identified trends; the preponderance of significant findings within topic areas; the magnitude of the issue in terms of the number of persons affected; and the potential health impact of a given issue.